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2004 Chattanooga Metropolitan Senior Games

May 5 - 10, 2004

Entry Deadlines
Early Bird - March 31
Final - April 7



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2004 Chattanooga Metropolitan Senior Games

General Information



The Chattanooga Metropolitan Senior Games is a special event for seniors 50 and older that combines a wide range of competitive activities.

Hamilton County is included in the Chattanooga Metropolitan District.

The objectives of the Senior Games are to recognize people who have achieved and maintained good health throughout their lives; promote physical fitness and the pursuit of lifetime leisure activities; and provide opportunities for fun, recreation and fellowship.

Age Categories

50-54	55-59	60-64	65-69	70-74
75-79	80-84	85-89	90-94	95+

Participants will qualify for age divisions according to their age as of December 31, 2004.

In doubles events and in team competition, teams will compete in the division determined by the age of the youngest team member.

Entry Fee

All participants are required to pay a one-time entry fee with the registration form. The entry fee includes medals, insurance, T-shirt and required supplies.

Early Bird Entry Fee - \$20.00 (postmarked by March 31)

Final Deadline Entry Fee - \$25.00 (postmarked by April 7)

Special Fees

Golf and bowling club members and non-members pay the same fee.

Bowling (singles) \$5.50 (doubles) \$5.50

(mixed doubles) \$5.50 Shoes are free.

Golf \$23.00 (includes greens fee and cart)

Registration Process

Participants may enter an unlimited number of events. However, they may not register for events that will overlap in time (**only six swimming events and two tennis events**). Participants must complete the entry form and mail the form and fees to:

Senior Neighbors-Senior Games
1000 Newby Street
Chattanooga, Tennessee 37402

**Please make checks payable to:
Senior Neighbors-Senior Games**

Check-in for Events

Unless notified by mail or phone, check in for events will be at the starting time listed on the schedule of events.

Equipment

Equipment for each event will be provided by the Tennessee Senior Games unless stated in the rules of each event. Participants are advised to consult the official rules manual concerning equipment for their specific event(s).

Awards

Medals/Ribbons will be presented for first, second, third, and fourth place finalists in each age/sex category. The awards will be presented by the Event Chair at the conclusion of each event. Winners will be recognized at a Special Event Brunch on Monday, May 10, 2004 at 10:00 a.m. in the Activities Room at Senior Neighbors, 1000 Newby Street (10th & Newby Center).

Rules

All events will be conducted in accordance with the 2004 Tennessee Senior Games Official Rules Manual. A copy of the manual is provided to each District/ Metropolitan coordinator. A copy of the rules for each event will be available at each event site.

Inclement Weather

The Tennessee Senior Games reserves the right to cancel or postpone events in case of inclement weather or other extenuating circumstances. Any schedule changes will be announced at the event site and at Registration Headquarters.

Health

The Tennessee Senior Games strongly recommends that each participant consult his/her doctor in regards to practice, preparation, and competition in these events or any similar physical activity.

State Senior Games

First, second, third and fourth place winners in district competition will qualify to compete in the 2004 Tennessee Senior Games, July 16-22, 2004, in Clarksville, Tennessee. You **MUST** register for the State Finals. If you have not received a state entry form by the end of May, please contact the state office at (615) 902-9261. Open events at the state level include archery, racquetball, cycling, 10K & 5K runs all events not offered at district, and all team sports not offered at the district level.

National Senior Games

Finalist from the 2004 State Games will qualify for the 2005 National Senior Games. The National Senior Games will be held in Pittsburgh, PA on June 3-18, 2005.

2004 Chattanooga Metropolitan Senior Games

Event Schedule

(Tennessee Senior Games reserves the right to make changes to the schedule due to number of participants entered.)



Wednesday, May 5, 2004

Opening Ceremonies

1:00 p.m. UTC-Maclellan Gym

Registration

1:30 p.m. UTC-Maclellan Gym

Basketball Free Throw

2:15 p.m. UTC-Maclellan Gym

Bowling (singles)

3:00 p.m. Holiday Bowl-Brainerd Road

Volleyball (men & women)

3:30 p.m. UTC-Maclellan Gym

Thursday, May 6, 2004

Track Events (100M, 200M)

8:00 a.m. McCallie School

Registration

8:30 a.m.- 4:30 p.m. Senior Neighbors

Tennis (singles)

8:30 a.m. Champions Club

Track Events (400M, 800M)

8:30 a.m. McCallie School

Bowling (doubles)

9:00 a.m. Holiday Bowl-Brainerd Road

Track Events (1500M)

9:30 a.m. McCallie School

Field Events (discus, shot put, javelin, long jump, high jump)

10:30 a.m. McCallie School

Horseshoes

1:00 p.m. Warner Park

Swimming

1:00 p.m. Brainerd Complex

Table Tennis (singles, doubles)

3:00 p.m. Shepherd Multi-Purpose Bldg.

Softball Throw

5:15 p.m. Warner Park

Softball Tournament

6:15 p.m. Warner Park

Friday, May 7, 2004

Road Race (5K)

7:30 a.m. Chattanooga Riverpark

Golf Tournament

8:00 a.m. Brown Acres Golf Course

Cycling (5K)

8:15 a.m. Christway Community Church

Registration

8:30 a.m.- 4:30 p.m. Senior Neighbors

Tennis (doubles)

8:30 a.m. Champions Club

Racewalk (1500M)

8:30 a.m. McCallie School

Bowling (mixed doubles)

9:00 a.m. Holiday Bowl-Brainerd Road

Power Walk (1 mile)

9:30 a.m. McCallie School

Shuffleboard (singles, doubles)

10:00 a.m. Boynton Center

Badminton (singles)

10:00 a.m. Tyner Recreation Center

Badminton (doubles)

12:00 p.m. Tyner Recreation Center

Basketball 3-on-3

3:00 p.m. Brainerd Complex

Saturday, May 8, 2004

Cycling (20K)

8:15 a.m. Christway Community Church

Tennis (mixed doubles)

8:30 a.m. Brainerd Complex

Racquetball

10:00 a.m. YMCA-Downtown

Badminton (mixed doubles)

1:00 p.m. Tyner Recreation Center

Table Tennis (mixed doubles)

3:30 p.m. Shepherd Multi-Purpose Bldg.

Monday, May 10, 2004

Complimentary Brunch

10:00 a.m. Senior Neighbors-1000 Newby St.

2004 Chattanooga Metropolitan Senior Games

Final Checklist



- ☐ I completed the Official Entry Form and the Event Registration Form.
- ☐ I completed the Health Information Form and signed the Liability Waiver.
- ☐ I completed the **Fee and Special Event Form** and included a check or money order for the total amount payable to Senior Neighbors-Senior Games and will submit all forms no later than April 7, 2004 to Senior Neighbors-Senior Games, 1000 Newby Street, Chattanooga, TN 37402.
- ☐ I indicated if I will attend the Complimentary Brunch.

Opening Ceremonies

Opening ceremonies will be held at 1:00 p.m., Wednesday, May 5, 2004 at Maclellan Gym, North Stands on The University of Tennessee at Chattanooga campus. Athletes, if you have a Senior Games T-shirt from a previous year, please wear it.

Registration begins immediately following opening ceremonies. Before proceeding to your events, please check in at the Registration Headquarters on Wednesday in the UTC Maclellan Gym, 600 Vine Street. Thursday and Friday Registration Headquarters will be at Senior Neighbors, 10th & Newby Center (two-story building on the corner of 10th & Houston Streets).

Registration Headquarters hours are:

Wednesday, May 5	1:30 p.m. - 5:00 p.m. (UTC)
Thursday, May 6	8:30 a.m. - 4:30 p.m. (Sr. Neighbors)
Friday, May 7	8:30 a.m. - 4:30 p.m. (Sr. Neighbors)

For more information contact:

Dorothy Peoples

Phone: (423) 755-6107

Event Sites

1)Registration Headquarters, Information

Wednesday - UTC Maclellan Gym, 600 Vine Street
Thur. & Fri. - Senior Neighbors, 10th & Newby St.

2)Opening Ceremonies, Volleyball,

Basketball Free Throw

Maclellan Gym, UTC Campus, 600 Vine Street

3)Racquetball

YMCA-Downtown, 301 West 6th Street

4)Horseshoes, Softball Throw, Softball Tournament

Warner Park, 1254 East 3rd Street

5)Track & Field Events (also see #7)

McCallie School, 500 Dodds Avenue

6)Tennis

Thur. & Fri. - Champions Tennis Club
3400 Lupton Drive

Saturday - Brainerd Complex, 1010 N. Moore Road

7)5K Road Race

Chattanooga Riverpark, 4301 Amnicola Highway

8)Bowling

Holiday Bowl-Brainerd, 5518 Brainerd Road

9)Cycling

Christway Community Church - Ooltewah

10)Golf Tournament

Brown Acres Golf Course, 406 Brown Road

11)Table Tennis

Shepherd Multi-Purpose Bldg., 2124 Shepherd Road

12)Shuffleboard

Boynton Center

13)Basketball 3-on-3, Badminton

Brainerd Complex, 1010 North Moore Road

14)Swimming

Brainerd Complex, 1010 North Moore Road

15)Complimentary Brunch

Senior Neighbors, 1000 Newby Street

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Event Registration, Fee and Special Event Form



You must pre-register to participate. Please make sure to include your partner's name when registering for doubles events. Partners also need to submit a registration form.



Check Events

- ☐ Archery
- ☐ Badminton (singles)
- ☐ Badminton (doubles)
Partner's Name _____ Age _____
- ☐ Badminton (mixed doubles)
Partner's Name _____ Age _____
- ☐ Basketball Free Throw
- ☐ Basketball Tournament (3-on-3)
Team Name _____
☐ "X" here if you are Team Captain
- ☐ Bowling (singles)
- ☐ Bowling (doubles)
Partner's Name _____ Age _____
- ☐ Bowling (mixed doubles)
Partner's Name _____ Age _____
- ☐ Cycling ☐ 20K ☐ 5K
- ☐ Golf Tournament (scratch)
- ☐ Horseshoes
- ☐ Racquetball
- ☐ Road Race (5K)
- ☐ Shuffleboard (singles)
- ☐ Shuffleboard (doubles)
Partner's Name _____ Age _____
- ☐ Softball Throw
- ☐ Softball Tournament
Team Name _____
☐ "X" here if you are Team Captain
- ☐ Swimming (select up to 6 events)
Backstroke ☐ 50M ☐ 100M ☐ 200M
Breaststroke ☐ 50M ☐ 100M ☐ 200M
Butterfly ☐ 50M ☐ 100M
Freestyle ☐ 50M ☐ 100M ☐ 200M ☐ 400M
Individual Medley(4 strokes) - ☐ 100M ☐ 200M
- ☐ Table Tennis (singles)

- ☐ Table Tennis (doubles)
Partner's Name _____ Age _____
- ☐ Table Tennis (mixed doubles)
Partner's Name _____ Age _____
- ☐ Tennis (singles)
- ☐ Tennis (doubles)
Partner's Name _____ Age _____
- ☐ Tennis (mixed doubles)
Partner's Name _____ Age _____
- ☐ Track Events
☐ 100M Run ☐ 200M Run ☐ 400M Run ☐ 800M Run
☐ 1500M Run ☐ 1500M Racewalk ☐ Power Walk
- ☐ Field Events
☐ Long Jump ☐ Javelin ☐ Discus
☐ Shot Put ☐ High Jump
- ☐ Volleyball Team Name _____
☐ "X" here if you are Team Captain
- ☐ **YES!** I would like to volunteer

Fee and Special Event Form

Use this form to figure total cost. **Mail check made out to SENIOR NEIGHBORS-SENIOR GAMES** along with completed Registration Form and signed Liability Waiver (INSERT) to: Senior Neighbors-Senior Games
1000 Newby Street
Chattanooga, Tennessee 37402

Entry & Event Fees Cost

Donation		\$ _____
Early Bird Registration fee (3/31)	\$20.00	\$ _____
Final Deadline Registration fee (4/7)	\$25.00	\$ _____
Bowling Singles (per person)	\$5.50	\$ _____
Bowling Doubles (per person)	\$5.50	\$ _____
Bowling Mixed doubles (per person)	\$5.50	\$ _____
Golf (greens & cart fee-per person)	\$23.00	\$ _____

Total Amount Enclosed \$ _____

Complimentary Brunch ☐ will attend ☐ will not attend

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Official Entry Form

(Early Bird Entry Fee must be postmarked by March 31.
Final Deadline Entry Fee must be postmarked by April 7)



District Event for Hamilton County.

Return this form and fees to:
Senior Neighbors - Senior Games
1000 Newby Street
Chattanooga, TN 37402



General Information (please print)

Last Name First Name Init.

Date of Birth Age as of 12/31/2004 Male ☐ Female ☐

Street Address (Include Apt. No.)

City State Zip Code

County Home Phone

Work Phone

T-Shirt size M ☐ L ☐ XL ☐ XXL ☐

Health Information

Do you have specific health conditions or problems that would need to be known in case you need emergency treatment? Yes [] No [] If yes, briefly explain: _____

Family Doctor _____ Phone () _____

Emergency Contact _____ Relation _____ Phone () _____

Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the District Senior Games competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Games, BlueCross BlueShield of Tennessee, Inc., Chattanooga Metropolitan Senior Games, Senior Neighbors of Chattanooga, Inc., Chattanooga Parks, Recreation, Arts & Culture, University of Tennessee at Chattanooga, Southeast Tennessee Area Agency on Aging & Disabilities, Memorial Gold Circle, Alexian Brothers of the Southeast, Belltone Hearing and Balance Center, News Channel 9 WTVC, Chattanooga Times Free Press, LifeFitness, Davis Financial Advisors, Inc. and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Chattanooga Metropolitan District Senior Games and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Games has my permission to have emergency medical personnel attend me during my participation in the Senior Games if it is deemed necessary.

I, the undersigned, grant Senior Games and its sponsors the right to use any still or motion pictures taken of me during the 2004 District Senior Games without remuneration.

Signature _____ Date _____